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					Household-ID					Person-ID			
1	2	0	4	2						0	0		

Interview Date:  /  /

Interviewer ID: \_\_\_\_\_

Respondent's First Name: \_\_\_\_\_

## "50+ in Europe"

### *The Survey of Health, Ageing and Retirement in Europe*

**Self-Administered Questionnaire for  
Respondents 65 years and older**

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## How to FILL IN this questionnaire

Most of the questions on the following pages can be answered by simply checking the box below or alongside the answer that applies to you.

**Please check ONE (1) box:**

**Correct**  or

**Incorrect**

Please proceed question by question.

## How to RETURN this Questionnaire

If the interviewer is still in your home when you have completed the questionnaire, please hand it back to him or her. If not, please return the completed questionnaire in the pre-paid envelope as soon as you possibly can. *If you need a replacement envelope, please call [national survey agency] at [toll-free telephone number].*

**PLEASE START THE QUESTIONNAIRE AT QUESTION 1 ON THE NEXT PAGE**

**ALL YOUR ANSWERS WILL REMAIN CONFIDENTIAL. THANK YOU AGAIN FOR YOUR HELP**

**We would now like to ask you questions about your own health.**  
(Please choose one of the five answers for every question.)

1. Overall in the last 30 days, how much of bodily aches or pains did you have?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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2. In the last 30 days, how much difficulty did you have with sleeping?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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3. Overall in the last 30 days, how much of a problem did you have with moving around?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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4. Overall in the last 30 days how much difficulty did you have with concentrating or remembering things?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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5. In the last 30 days, how much of a problem did you have because of shortness of breath?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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6. Overall in the last 30 days, how much of a problem did you have with feeling sad, low, or depressed?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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**We will now give you some examples of persons with serious and less serious health problems. We would like to know how you evaluate the health of these persons. Please assume that the persons have the same age and background that you have.**

(Please choose one of the five answers for every question.)

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7. Paul has a headache once a month that is relieved after taking a pill. During the headache he can carry on with his day-to-day affairs.

In your opinion, how much of bodily aches or pains does Paul have?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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8. Alice falls asleep easily at night, but two nights a week she wakes up in the middle of the night and cannot go back to sleep for the rest of the night.

In your opinion, how much difficulty does Alice have with sleeping, such as falling asleep?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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9. Rob is able to walk distances of up to 200 metres without any problems but feels tired after walking one kilometre or climbing more than one flight of stairs. He has no problems with day-to-day activities, such as carrying food from the market.  
In your opinion, how much of a problem does Rob have with moving around?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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10. Lisa can concentrate while watching TV, reading a magazine or playing a game of cards or chess. Once a week she forgets where her keys or glasses are, but finds them within five minutes.

In your opinion, how much difficulty does Lisa have with concentrating or remembering things?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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11. Mark has no problems with walking slowly. He gets out of breath easily when climbing 20 meters uphill or a flight of stairs.

In your opinion, how much of a problem does Mark have because of shortness of breath?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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12. Karen enjoys her work and social activities and is generally satisfied with her life. She gets depressed every 3 weeks for a day or two and loses interest in what she usually enjoys but is able to carry on with her day-to-day activities.

Overall in the last 30 days, how much of a problem does Karen have with feeling sad, low, or depressed?

None	Mild	Moderate	Severe	Extreme
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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**We would now like to ask some questions about how satisfied you are with several aspects of your life.**

13. How satisfied are you with the total income of your household?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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14. How satisfied are you with your social contacts (with family, friends, etc.)?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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15. How satisfied are you with your daily activities?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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16. How satisfied are you with your life in general?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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**We will now describe some features of the lives of other persons. We would like to know how you, with your own preferences, would evaluate the given aspects of their lives. Please assume that the persons have the same age and background that you have (unless indicated otherwise). If you are not sure, please give us your best guess.**

(Please choose one of the five answers for every question.)

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17. Jim is married and has two children; the total after tax household income of his family is €1,700 per month.

How satisfied do you think Jim is with the total income of his household?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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18. Anne is married and has two children; the total after tax household income of her family is €3,400 per month.

How satisfied do you think Anne is with the total income of her household?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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19. John is single, but gets on well with his relatives and has a large circle of friends. They often go out together to attend sporting events or to have a meal.

How satisfied do you think John is with his social contacts (family, friends, etc.)?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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20. Mary has been married for many years. Lately she has spent little time with her husband and they have been quarrelling more. They seem to prefer spending time with others rather than with each other. Both of them have many friends.

How satisfied do you think Mary is with her social contacts (family, friends, etc.)?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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21. Mike has been retired for five years. He quit his job as soon as he could. He enjoys spending most of his time with friends and family and watches TV when he sometimes gets bored.

How satisfied do you think Mike is with his daily activities?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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22. Sally has been retired for five years. Although she enjoys spending time with her children and grandchildren, she still misses the contacts with her colleagues and would have liked to keep working.

How satisfied do you think Sally is with her daily activities?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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23. John is 63 years old. His wife died 2 years ago and he still spends a lot of time thinking about her. He has 4 children and 10 grandchildren who visit him regularly. John can make ends meet but has no money for extras such as expensive gifts to his grandchildren. He has had to stop working recently due to heart problems. He gets tired easily. Otherwise, he has no serious health conditions.

How satisfied with his life do you think John is?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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24. Carry is 72 years old and a widow. Her total after tax income is about €1,100 per month. She owns the house she lives in and has a large circle of friends. She plays bridge twice a week and goes on vacation regularly with some friends. Lately she has been suffering from arthritis, which makes working in the house and garden painful.

How satisfied with his life do you think Carry is?

Very Satisfied	Satisfied	Neither satisfied Nor dissatisfied	Dissatisfied	Very Dissatisfied
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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**We now want to ask you something about the influence you think you can have on decisions at the level of the municipality.**

25. How much say do you have in getting the municipality to address issues that interest you?

Unlimited Say	A Lot of of Say	Some Say	Little Say	No Say at All
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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26. Alison is bothered by the air pollution caused by a local firm. It is not dangerous but sometimes leads to a bad smell. She and her neighbors are supporting an opposition candidate in the forthcoming local elections that has promised to address the issue. So many people in her area feel the same way that the opposition candidate will probably defeat the incumbent representative.

How much say does Alison have in getting the municipality to address issues that interest her?

Unlimited Say	A Lot of of Say	Some Say	Little Say	No Say at All
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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27. Toby is bothered by the air pollution caused by a local firm. It is not dangerous but sometimes leads to a bad smell. The mayor has looked into the problem, but concluded that industrial development is the most important policy right now instead of clean air.

How much say does Toby have in getting the municipality to address issues that interest him?

Unlimited Say	A Lot of of Say	Some Say	Little Say	No Say at All
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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## The final topic is health care responsiveness

28. In many countries, it takes time before people can see a specialist and there are waiting lists for certain procedures. Overall, in your situation, how would you rate the amount of time you have to wait for medical treatment?

Very short	Short	Reasonable	Long	Very long
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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29. Overall, how would you rate the conditions of the health facilities you have visited?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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30. Overall, how would you rate how clearly doctors and nurses communicate with you and involve you in decisions about the treatment?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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31. Jim has a stomach problem, which causes a lot of pain and requires surgery. He is immediately admitted to hospital and constantly monitored and his pain is relieved with strong pain-killers, but because the problem is not life threatening, he has to wait four days before surgery takes place.

Overall, how would you rate the amount of time Jim has to wait for medical treatment?

Very short	Short	Reasonable	Long	Very long
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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32. Ellen broke her arm a few months ago and had to have a series of X-rays. Initially, the doctor and nurse told her about her fracture and explained what treatment she was going to receive. On her last visit to the hospital, they measured her height, weight, and blood pressure and took a blood sample without explaining why. After the tests, Ellen asked and the doctor explained.

How would you rate how clearly doctors and nurses communicate with Ellen and involve her in decisions about the treatment?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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33. José was admitted to a local hospital for a week as he had developed high fever. He got his own room, which was clean but small, and the toilet was a few meters away down the corridor. It was summer and hot, and the room was without any air conditioning or fan but he could bring his own table fan from home.

Overall how would José's experience with the conditions of the health facility?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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34. Donna has trouble walking and can barely climb the stairs in her house. Her doctor tells her she needs two hip replacements. She makes an appointment and can see a specialist after two weeks. He puts her on the list for hip surgery and it will take about two months before she can have the surgery.

Overall, how would you rate the amount of time Donna has to wait for medical treatment?

Very short	Short	Reasonable	Long	Very long
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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35. Jenny has been feeling physically ill for a long-time. She goes to the hospital and describes her symptoms to the doctor. The doctor listens and, without giving any explanation, refers her to a nurse, who runs some tests and takes a blood sample. After this, the doctor gives her pills and asks her to come back in a week for the results of the tests, without further explanation.

How would you rate how clearly doctors and nurses communicate with Jenny and involve her in decisions about the treatment?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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36. John had an eye operation in a local clinic last month. After the operation, he spent 5 days in a room that he had to share with four others. He was provided a small locker to keep his things. The five patients shared a toilet. The room and the toilet were cleaned once a day.

Overall how would John's experience with the conditions of the health facility?

Very good	Good	Moderate	Bad	Very bad
<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>5</sub>

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**37. Finally, please state your gender and birth year:**

a) I am...

Male	<input type="checkbox"/>	<sub>1</sub>
Female	<input type="checkbox"/>	<sub>2</sub>

b) I was born in 

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 (year)

Thank you very much for taking the time to answer our questions.  
Please give the questionnaire to the interviewer or post it back in the envelope provided.